

Lake Park Nutrition Center

OPEN LUNCH
11:30 - 1:00



April 2019



OVER 60 - \$4.00
UNDER 59 - \$7.00

All meals served with 1% milk, bread, margarine.

Meals served Monday - Friday at the Lake Park City Center at 2032 2nd Street in Lake Park.

Meals on Wheels available delivered to homebound qualified participants.

Meals are prepared in a facility that uses wheat, soy, dairy and nuts.

Menu subject to change.

Thank you for supporting our local program!

To reserve or cancel call 238-5336 BEFORE 9 AM.

Mon	Tue	Wed	Thu	Fri
1 Italian Chicken Breast Yams Green Beans Fruit Cup	2 Hamburger Macaroni Casserole Mixed Vegetables Breadstick Applesauce	3 Swiss Steak Baked Potato Scalloped Corn Spice Cake	4 Roast Pork Mashed Potato/Gravy Beets Cookie	5 Baked Fish/Alternate Baked Potato Creamed Peas Lemon Fluff
8 Mushroom Steak Mashed Potato/Gravy Stewed Tomatoes Pudding/Topping	9 Pork Chop Mashed Potato/Gravy Broccoli Strawberry Shortcake	10 Chicken Chow Mein White Rice Glazed Carrots Mandarin Oranges	11 Meatballs Mashed Potato/Gravy Baked Squash Dump Cake	12 Cook's Choice
15 Chicken Patty/Bun Oven Browned Potatoes Coleslaw Fruit Cup	16 BBQ Riblet Baked Potato Garden Salad Pears	17 Roast Beef Mashed Potato/Gravy Baked Squash Lemon Cake	18 Chili Corn Muffin Fruit Cup Brownie	19 Fish Patty/Bun Oven Fried Potatoes Green Bean Casserole Cookie
22 Turkey Gravy over Mashed Potatoes Mixed Vegetables Cookie	23 Italian Pork Chop Au Gratin Potatoes Coleslaw Apple Crisp	24 Tator Tot Hotdish Fruit Cake	25 Ham & Egg Bake Hash Browns Fruit Cup Muffin	26 Cook's Choice
29 Polish Sausage Boiled Potatoes Sauerkraut Bar	30 BBQ Chicken Breast Boiled Potatoes Broccoli Cheesecake			