



Lake Park Nutrition Center



OPEN LUNCH
11:30 - 1:00

Mon	Tue	Wed	Thu	Fri
3 Tater Tot Hotdish Mixed Veggies Mixed Fruit	4 Scalloped Potatoes/Ham California Blend Pineapple Upside Down Cake	5 Baked Chicken Mashed Potato/Gravy Creamed Cabbage Baked Peach Cobbler	6 Chili Corn muffin Applesauce gelatin Brownie	7 Baked Fish Baked Potato Green Bean Casserole Pudding
10 BBQ Riblet Scalloped Casserole Steamed Broccoli Lemon fluff	11 Chicken Noodle Hot Dish Corn Breadstick Mandarin Oranges	12 Mushroom Steak Mashed Potato/Gravy Baked Squash Ice Cream	13 Meatloaf Baked Potato Peas Chocolate Cake	14 Cook's Choice
17 Cheeseburger on Bun Baked Beans Coleslaw Cookie	18 Potato Soup Ham Salad Sandwich Fruit Cup Dump Cake	19 Turkey/Dressing Mashed Potato/Gravy Yams Dinner Roll Pumpkin Bar	20 Swedish Meatballs Boiled Potatoes Carrots Pudding	21 Italian Chicken Breast Mashed Potato/Gravy Green Beans Jell-o w/Topping
24 MERRY CHRISTMAS CLOSED	25 MERRY CHRISTMAS CLOSED	26 Swiss Steak Mashed Potato/Gravy Carrots Cookie	27 Tuna Casserole Mixed Vegetables Dinner Roll Vanilla Fruit Salad	28 Cook's Choice
31 Pork Chop Baked Potato Stewed Tomatoes Rosy Applesauce				



OVER 60 - \$4.00
UNDER 59 - \$7.00

All meals served with 1% milk, bread, margarine.

Meals served Monday - Friday at the Lake Park City Center at 2032 2nd Street in Lake Park.

Meals on Wheels available delivered to homebound qualified participants.

Meals are prepared in a facility that uses wheat, soy, dairy and nuts.

Menu subject to change.

Thank you for supporting our local program!

To reserve or cancel call 238-5336 BEFORE 9 AM.