

Lake Park Nutrition Center

February 2018



OPEN LUNCH

11:30 - 1:00

OVER 60 - \$4.00
UNDER 60 - \$7.00

All meals served with 1% milk, bread, margarine.

Meals served Monday - Friday at the Lake Park City Center at 2032 2nd Street in Lake Park.



Meals on Wheels available delivered to homebound qualified participants.

Meals are prepared in a facility that uses wheat, soy, dairy and nuts.

Menu subject to change.

Thank you for supporting our local program!

To reserve or cancel call 238-5336 BEFORE 9 AM.

Mon	Tue	Wed	Thu	Fri
			1 Chili Grilled Cheese Mixed Fruit Brownie	2 Cook's Choice
5 Country Pork Chop Baked Potato Green Beans Pudding/Topping	6 Baked Chicken Mashed Potato/Gravy Glazed Carrots Cookie	7 Roast Beef Mashed Potato/Gravy Harvard Beets Strawberry Shortcake	8 Chicken Strips Au Gratin Potatoes Broccoli Chocolate Chip Bar	9 Hamburger Macaroni Casserole Corn Peaches
12 Tator Tot Hotdish Fruit Cup Cookie	13 Baked Pork Chop Parsley Boiled Potatoes Sauerkraut Poke Cake	14 Valentine's Day Baked Fish/Alternate Potato Casserole Coleslaw  Choc. Cherry Cake Ash Wednesday	15 Burger/Bun Baked Beans Coleslaw 7 Layer Bar	16 Tomato Soup Grilled Cheese Fruit Salad Cookie
19 Polish Sausage Oven Fried Potatoes Green Beans Pudding/Topping	20 Swiss Steak Mashed Potato/Gravy Corn Fruit Crisp	21 Roast Turkey Dressing/Gravy Baked Squash Rice Krispy Bar	22 Porcupine Meatballs Baked Potato Mixed Vegetables Cinnamon Applesauce	23 Potato Soup Egg Salad Sandwich Fruit Cup Cookie
26 Mushroom Steak Mashed Potato Peas & Carrots Rosy Applesauce	27 Lasagna Garden Salad/Dressing Breadstick Pineapple Upside Down Cake	28 Cook's Choice		