

Lake Park Nutrition Center



OPEN LUNCH

11:30 - 1:00

OVER 60 - \$4.00
UNDER 59 - \$7.00

All meals served with 1% milk, bread, margarine.

Meals served Monday - Friday at the Lake Park City Center at 2032 2nd Street in Lake Park.

Meals on Wheels available delivered to homebound qualified participants.

Meals are prepared in a facility that uses wheat, soy, dairy and nuts.

Menu subject to change.

Thank you for supporting our local program!

To reserve or cancel call 238-5336 BEFORE 9 AM.

February 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Meatloaf & Baked Potato California Blend Chocolate Cake
4 Pork Chop Baked Potato Green Beans Pudding/Topping	5 Chicken Breast Mashed Potato/Gravy Glazed Carrots Cookie	6 Roast Beef Mashed Potato/Gravy Harvard Beets Strawberry Shortcake	7 Chicken Strips Au Gratin Potatoes Broccoli Chocolate Chip Bar	8 Hamburger Macaroni Hotdish Corn Peaches
11 Tator Tot Hotdish Fruit Cup Cake	12 Burger/Bun Baked Beans Coleslaw 7 Layer Bar	13 Riblet Parsley Boiled Potatoes California Blend Poke Cake	14 Porcupine Meatballs Baked Potato Mixed Vegetables Cookie	15 COOK'S CHOICE
18 Polish Sausage Boiled Potatoes Sauerkraut Bar	19 Mushroom Steak Mashed Potato/Gravy Corn Fruit Crisp	20 Roast Turkey Dressing/Gravy Baked Squash Rice Krispy Bar	21 Chicken Alfredo Egg Noodles Carrots Mandarin Oranges	22 Potato Soup Ham Salad Sandwich Fruit Cup Cookie
25 Swiss Steak Mashed Potato Peas & Carrots Rosy Applesauce	26 Lasagna Garden Salad/Dressing Breadstick White Frosted Cake	27 Fish on a Bun Tri Tators Green Beans Lemon Fluff	28 Baked Ham Scalloped Potatoes Carrots Jello/topping	