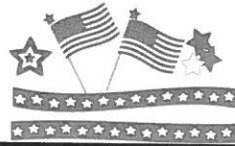




# Lake Park Nutrition Center

**OPEN LUNCH**  
**11:30 - 1:00**



## July 2018



Mon	Tue	Wed	Thu	Fri
2 Scalloped Potatoes With Ham Mixed Vegetables Tropical Fruit	3 Cheeseburger/Bun Baked Beans Potato Salad Ice Cream	4 <b>CLOSED</b> Independence Day 	5 Cook's Choice	6 Cook's Choice
9 Fish Patty/Bun Tri Taters Pea & Cheese Salad Lemon Bar	10 Lasagna Green Beans Garlic Breadstick Mandarin Oranges	11 Country Pork Chop Mashed Potato/Gravy Mixed Vegetables Strawberry Shortcake	12 Taco Salad Muffin Fresh Fruit Sherbet	13 Porcupine Meatballs Baked Potato Steamed Broccoli Cookie
16 Swiss Steak Mashed Potato/Gravy Stewed Tomatoes Pudding	17 Chicken Salad Sandwich Cucumber Salad Fresh Fruit Cookie	18 Pork Roast Mashed Potato/Gravy Baked Squash Rhubarb Upside Down Cake	19 Tuna Noodle Casserole Mixed Vegetables Corn Muffin Mixed Fruit	20 Cook's Choice
23 Mushroom Steak Mashed Potato/Gravy Dill Glazed Carrots Pudding/Topping	24 Chicken Breast Baked Potato Salad Cookie	25 Turkey Pasta Salad Garlic Breadstick Fruit Cup Chocolate Chip Bar	26 Baked Ham Au Gratin Potatoes Mixed Vegetables Jell-o/Topping	27 Sloppy Joe/Bun Cheesy Hash Browns Garden Salad Lemon Cake
30 Riblet Baked Potato Peas Fruit Cup	31 Creamed Chicken over Biscuit Parsley Carrots Brownie			

**OVER 60 - \$4.00**  
**UNDER 60 - \$7.00**

All meals served with 1% milk, bread, margarine.

Meals served Monday - Friday at the Lake Park City Center at 2032 2nd Street in Lake Park.

Meals on Wheels available delivered to homebound qualified participants.

Meals are prepared in a facility that uses wheat, soy, dairy and nuts.

Menu subject to change.

Thank you for supporting our local program!

**To reserve or cancel call 238-5336 BEFORE 9 AM.**