

Lake Park Nutrition Center

June 2018



OPEN LUNCH

11:30 - 1:00

OVER 60 - \$4.00
UNDER 60 - \$7.00

All meals served with 1% milk, bread, margarine.

Meals served Monday - Friday at the Lake Park City Center at 2032 2nd Street in Lake Park.





Meals on Wheels available delivered to homebound qualified participants.

Meals are prepared in a facility that uses wheat, soy, dairy and nuts.

Menu subject to change.

Thank you for supporting our local program!

To reserve or cancel call 238-5336 BEFORE 9 AM.

Mon	Tue	Wed	Thu	Fri
	 			1 Roast Turkey Dressing/Gravy Glazed Carrots Starburst Cake
4 Mushroom Steak Baked Potato Steamed Broccoli Pudding/Topping	5 Tator Tot Hotdish/ Mixed Vegetables Sour Cream Raisin Bar Jello	6 Sloppy Joe Baked Beans Creamy Coleslaw Sherbet	7 Chicken Breast Mashed Potato/Gravy Harvard Beets Fruit Crisp	8 Fish Patty Cheesy Potatoes Peas Lemon Bar
11 Swiss Steak Mashed Potato Peas and Carrots Ice Cream	12 Chicken Patty/Bun Oven Brownd Potatoes BLT Salad Jell-o/Topping	13 Meatballs Mashed Potato/Gravy Mixed Vegetables Rhubarb Cake	14 FLAG DAY Cook's Choice 	15 Roast Beef Mashed Potato/Gravy Creamed Cabbage Apple Pie Square
18 Liver & Onions/ Alternate Parsley Boiled Potatoes Chocolate Chip Bar	19 Cheeseburger/Bun Tri-Taters Cucumber Salad Cookie	20 Pork Chop Baked Potato Baked Squash Mixed Fruit	21 FIRST DAY OF SUMMER Chicken Alfredo Breadstick Garden Salad Fresh Fruit 	22 Cook's Choice
25 Polish Sausage Sauerkraut Boiled Potatoes	26 Chow Mein White Rice Carrots Mandarin Oranges	27 Meatloaf Creamed Potatoes Carrots Cake	28 Chicken Salad on a Bun Cucumber Salad Fresh Fruit Key Lime Bar	29 Riblet Baked Potato Corn Cookie