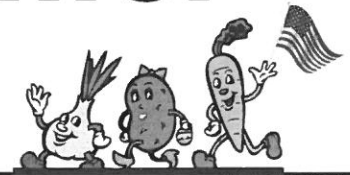


# Lake Park Nutrition Center

## May 2019



**OPEN LUNCH**  
**11:30 - 1:00**

**OVER 60 - \$4.00**  
**UNDER 59 - \$7.00**

All meals served with 1% milk, bread, margarine.

Meals served Monday - Friday at the Lake Park City Center at 2032 2nd Street in Lake Park.



Meals on Wheels available delivered to homebound qualified participants.

Meals are prepared in a facility that uses wheat, soy, dairy and nuts.

Menu subject to change.

Thank you for supporting our local program!

**To reserve or cancel call 238-5336 BEFORE 9 AM.**

| Mon  | Tue  | Wed   | Thu  | Fri  |
|--|--|---|--|--|
|   |  | 1<br>Meatballs<br>Mashed Potatoes /Gravy<br>Beets<br>Bar                      | 2<br>Spaghetti/meat sauce<br>Mixed Vegetables<br>Garlic Toast Medallions<br>Mandarin Oranges | 3<br>Scalloped Potatoes<br>Ham<br>Green Beans<br>Cookie                              |
| 6<br>Mushroom Swiss Steak<br>Mashed Potatoes /Gravy<br>Carrots<br>Pudding/Topping  | 7<br>Chicken Breast<br>Baked Potato<br>Mixed Vegetables<br>Cookie    | 8<br>Pork Roast<br>Mashed Potatoes /Gravy<br>Green Beans<br>Applesauce        | 9<br>Hamburger Macaroni Casserole<br>Corn<br>Fruited Gelatin                                 | 10<br>Chicken Pot Pie<br>Coleslaw<br>Cake  |
| 13<br>Sloppy Joe/Bun<br>Baked Beans<br>Potato Salad<br>Rice Krispy Bar   | 14<br>Chicken Pasta Salad<br>Fresh Fruit<br>Bread Stick<br>Poke Cake | 15<br>Turkey<br>Mashed Potatoes /Gravy<br>Peas and Carrots<br>Pudding/Topping | 16<br>Potato Soup<br>Ham Salad Sandwich<br>Fruit<br>Cookie                                   | 17<br>Liver & Onions or alternate<br>Mashed Potatoes /Gravy<br>Glazed Carrots<br>Bar |
| 20<br>Chicken Strips<br>Mashed Potatoes w/Country Gravy<br>Creamed corn<br>Fruit   | 21<br>Meatloaf<br>Baked Potato<br>Baked Squash<br>Fruit              | 22<br>Riblet<br>Cheesy Hash browns<br>Steamed Broccoli<br>O'Henry Bar         | 23<br>Taco Salad<br>Fruit<br>Corn Muffin<br>Cookie   | 24<br>Lasagna<br>Breadstick<br>Lettuce Salad<br>Mandarin Oranges                     |
| 27<br><b>CLOSED</b><br>Memorial Day<br> | 28<br>Tator Tot Hotdish<br>Jello<br>Cake                             | 29<br>Baked Fish<br>Baked Potato<br>Coleslaw<br>Lemon Bar                     | 30<br>Biscuits and Sausage Gravy<br>Peas<br>Fresh Fruit<br>Peanut Butter Cookie              | 31<br>Baked Pork Chop<br>Mashed Potato/Gravy<br>Mixed Vegetables<br>Applesauce       |