

Lake Park Nutrition Center

September 2020



OPEN LUNCH

11:30 - 1:00

OVER 60 - \$4.00
UNDER 59 - \$7.00

All meals served with 1% milk, bread, margarine.

Meals served Monday - Friday at the Lake Park City Center at 2032 2nd Street in Lake Park.

Meals on Wheels available delivered to homebound qualified participants.

Meals are prepared in a facility that uses wheat, soy, dairy and nuts.

Menu subject to change.

Thank you for supporting our local program!

To reserve or cancel call 238-5336 BEFORE 9 AM.

	Mon	Tue	Wed	Thu	Fri
		1 Polish Sausage Boiled Potatoes Sauerkraut Bar	2 Fish Baked Potato Mixed Vegetable Jello	3 Potato Soup Ham Salad Sandwich Fruit Cup Gingerbread/topping	4 Chicken Strips Mashed Potato/Gravy Stewed Tomatoes Cookie
7 LABOR DAY CLOSED		8 Spaghetti Garden Salad Breadstick Mandarin Oranges	9 Pork Chop Parley Boiled Potato Scalloped Corn Whipped Gelatin	10 Taco Salad Corn Muffin Mixed Fruit Sherbet	11 Roast Turkey Mashed Potato/Gravy Carrots Cheesecake
14 Chicken Breast Mashed Potato/Gravy Carrots Pudding/Topping		15 Swiss Steak Baked Potato Carrots Rosy Applesauce	16 Chicken Patty/Bun Potato Casserole Corn Bar	17 Pork Roast Mashed Potato/Gravy Steamed Broccoli Cake	18 Chicken Pot Pie Coleslaw Fruit Cup
21 Sloppy Joe Potato Salad Baked Beans Bar		22 Baked Ham Scalloped Potatoes Green Beans Banana Cream Pie Square	23 Meatballs Mashed Potato/Gravy Mixed Vegetables Pudding	24 Crispy Chicken Salad Breadstick Fruit Salad Rice Krispy Bar	25 Hot Beef Sandwich Mashed Potato/Gravy Baked Squash Fruit Cobbler
28 Chow Mein & Rice Fruit Cup Cookie		29 Meatballs Baked Potato Squash Cake	30 Mushroom Steak Mashed Potato/Gravy Peas Jello		
					