

Lake Park Nutrition Center



OPEN LUNCH

11:30 - 1:00

September 2019

OVER 60 - \$4.00
UNDER 59 - \$7.00

All meals served with 1% milk, bread, margarine.

Meals served Monday - Friday at the Lake Park City Center at 2032 2nd Street in Lake Park.


Meals on Wheels available delivered to homebound qualified participants.

Meals are prepared in a facility that uses wheat, soy, dairy and nuts.

Menu subject to change.

Thank you for supporting our local program!

To reserve or cancel call 238-5336 BEFORE 9 AM.

Mon	Tue	Wed	Thu	Fri
2 LABOR DAY CLOSED	3 Polish Sausage Boiled Potatoes Sauerkraut Bar	4 Riblet Baked Potato Mixed Vegetable Jello	5 Potato Soup Ham Salad Sandwich Fruit Cup Gingerbread/topping	6 Cook's Choice
9 Liver & Onions Or Alternate Baked Potato Mixed Veg/Cookie	10 Spaghetti Garden Salad Breadstick Mandarin Oranges	11 Pork Chop Parley Boiled Potato Scalloped Corn Whipped Gelatin	12 Taco Salad Corn Muffin Mixed Fruit Sherbet	13 Roast Turkey Mashed Potato/Gravy Carrots Cheesecake
16 Chicken Breast Mashed Potato/Gravy Carrots Pudding/Topping	17 Swiss Steak Baked Potato Carrots Rosy Applesauce	18 Chicken Patty/Bun Potato Casserole Coleslaw Pumpkin Pie Square	19 Pork Roast Mashed Potato/Gravy Steamed Broccoli Cake	20 Cook's Choice
23 Baked Fish Potato Salad Baked Beans Lemon Bar	24 Baked Ham Scalloped Potatoes Green Beans Banana Cream Pie Square	25 Meatballs Mashed Potato/Gravy Mixed Vegetables Pudding	26 Crispy Chicken Salad Breadstick Fruit Salad Rice Krispy Bar	27 Hot Beef Sandwich Mashed Potato/Gravy Baked Squash Fruit Cobbler
30 Chow Mein & Rice Fruit Cup Cookie			<u>PUMPKIN FEST</u> Saturday SEPTEMBER 27 