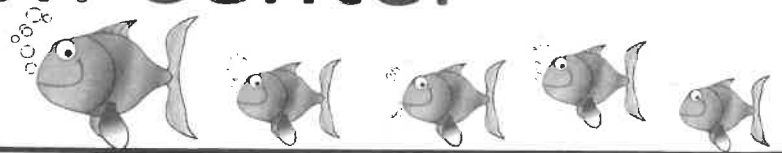


Lake Park Nutrition Center

August 2022



LUNCH
11:00 - 12:30

OVER 60 - \$4.00
UNDER 59 - \$7.00

All meals served with 1% milk, bread, margarine.

Meals served Monday - Friday at the Lake Park City Center at 2032 2nd Street in Lake Park.

Meals on Wheels available delivered to homebound qualified participants.

Meals are prepared in a facility that uses wheat, soy, dairy and nuts.

Menu subject to change.

Thank you for supporting our local program!

To reserve or cancel call 238-5336 BEFORE 9 AM.

Mon	Tue	Wed	Thu	Fri
1 Ham Au Gratin Potatoes Broccoli Cookie	2 Polish Sausage Boiled Potato Sauerkraut Moon Cake	3 Beef Roast Mash Potato/Gravy Corn Bar	4 Chow Mein White Rice Peas and Carrots Mixed Fruit	5 Sloppy Joe Baked Beans Potato Salad Ice Cream Gelatin
8 Chicken Strips Mash Potato/Gravy Stewed Tomatoes Pudding	9 PRIMARY DAY Chicken Pasta Salad Breadstick / Fresh Melon Cream Puff Dessert MEALS ON WHEELS ONLY	10 Fish Baked Potato Creamed Peas Poke Cake	11 Goulash Mixed Vegetables Dinner Roll Bar	12 Chicken Alfredo Breadstick Lettuce Salad Fruit
15 Cheeseburger/Bun Cucumber Salad Fresh Fruit Bar	16 Roast Turkey Mash Potato/Gravy Baked Squash Cake	17 Meatloaf Baked Potato Creamed Peas Bar	18 Hot Pork Sandwich Mash Potato/Gravy Glazed Carrots Whipped Gelatin	19 Swedish Meatballs Mash Potato/Gravy Carrots Chocolate Chip Bar
22 Pork Chop Mashed Potato/ Gravy Mixed Vegetables	23 BBQ Chicken Baked Potato Steamed Broccoli Cheesecake	24 Tater Tot Hotdish Salad Raisin Bar	25 Chicken Salad/Bun Cucumber Salad Fresh Fruit Bar	26 Lasagna Breadstick Green Beans Mandarin Oranges
29 Riblet Baked Potato Green Beans Cookie	30 Spaghetti Green Beans Breadstick Mandarin Oranges	31 Tuna Noodle Hotdish Peas Fruit		Vote on August 9 