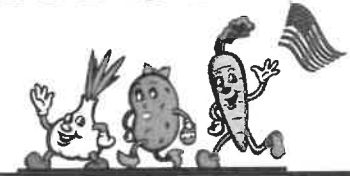


# Lake Park Nutrition Center

## May 2022



### LUNCH

11:00 - 12:30

**OVER 60 - \$4.00**

**UNDER 59 - \$7.00**

All meals served with 1% milk, bread, margarine.

Meals served Monday - Friday at the Lake Park City Center at 2032 2nd Street in Lake Park.



Meals on Wheels available delivered to homebound qualified participants.

Meals are prepared in a facility that uses wheat, soy, dairy and nuts.

Menu subject to change.

Thank you for supporting our local program!

**To reserve or cancel call 238-5336 BEFORE 9 AM.**

| Mon  | Tue   | Wed   | Thu   | Fri   |
|--|---|---|---|---|
| 2<br>Mushroom Swiss Steak<br>Mashed Potato/Gravy<br>Carrots<br>Pudding/Topping                             | 3<br>Chicken Breast<br>Scalloped Potatoes<br>Mixed Vegetables<br>Cookie | 4<br>Pork Roast<br>Mashed Potato/Gravy<br>Green Beans<br>Applesauce               | 5<br>Baked Pork Chop<br>Mashed Potato/Gravy<br>Mixed Vegetables<br>Jell-O         | 6<br>Chicken Alfredo<br>Breadstick<br>Mandarin Oranges                                |
| 9<br>Sloppy Joe/Bun<br>Baked Beans<br>Potato Salad<br>Rice Krispy Bar                                      | 10<br>Chicken Pasta Salad<br>Fresh Fruit<br>Bread Stick<br>Poke Cake    | 11<br>Turkey<br>Mashed Potatoes /<br>Gravy<br>Peas and Carrots<br>Pudding/Topping | 12<br>Potato Soup<br>Ham Salad Sandwich<br>Fruit<br>Cookie                        | 13<br>Ham<br>Scalloped Potatoes<br>Corn<br>Jell-O                                     |
| 16<br>Chicken Strips<br>Mashed Potatoes w/Country<br>Gravy<br>Creamed corn<br>Fruit                        | 17<br>Meatballs<br>Mashed Potatoes/<br>Gravy<br>Beets<br>Bar            | 18<br>Riblet<br>Cheesy Hash browns<br>Steamed Broccoli<br>O'Henry Bar             | 19<br>Taco Salad<br>Fruit<br>Corn Muffin<br>Cookie                                | 20<br>Lasagna<br>Breadstick<br>Lettuce Salad<br>Mandarin Oranges                      |
| 23<br>Polish Sausage<br>Boiled Potatoes<br>Sauerkraut<br>Bar   | 24<br>Tator Tot Hotdish<br>Jell-O<br>Cake                               | 25<br>Baked Fish<br>Baked Potato<br>Coleslaw<br>Lemon Bar                         | 26<br>Spaghetti/Meat Sauce<br>Mixed Vegetables<br>Breadsticks<br>Mandarin Oranges | 27<br>Hamburger Macaroni<br>Casserole<br>Corn<br>Fruited Gelatin                      |
| 30<br><b>CLOSED</b><br> | 31<br>Meatloaf<br>Baked Potato<br>Baked Squash<br>Fruit                 |   |   |  |