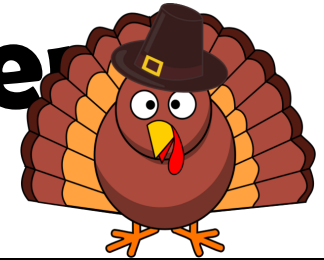


Lake Park Nutrition Center

LUNCH

November 2023



OVER 60 - \$4.00
UNDER 59 - \$8.00

All meals served with 1% milk, bread, margarine.

Meals served
Monday - Friday at the
 Lake Park City Center
 2032 2nd Street
 Lake Park.


Meals on Wheels available
 delivered to homebound
 qualified participants.

Meals are prepared in a
 facility that uses wheat,
 soy, dairy and nuts.

Menu subject to change.

Thank You for supporting
 our local program!

To Reserve or Cancel
 call 218-238-5336
BEFORE 9 AM.
Leave a Voicemail

Mon	Tue	Wed	Thu	Fri
		1 Porkchop Mashed Potato/Gravy Squash Jell-O/topping	2 Ham & Egg Bake Hash Brown Patty Fruit Muffin	3 BBQ Chicken Baked Potato Carrots Fruit Crisp
6 Sloppy Joe on a Bun Tri Taters Pea and Cheese Salad Pudding	7 NO DINE IN Meals on Wheels ONLY <i>ELECTION DAY</i> Potato Soup Ham Salad Sandwich Fruit Cup & Cookie	8 Roast Beef Mashed Potato/Gravy Green Beans Rice Krispy Bar	9 Baked Fish Cheesy Hash Browns California Blend Lemon Bar	10 Meatballs Mashed Potato/Gravy Beets Cookie
13 Swiss Steak Boiled Potatoes Carrots Cake	14 Chicken Strips Mashed Potato/Gravy Scalloped Corn Jell-O/Topping	15 BBQ Riblet Baked Potato Green Beans Pudding	16 Roast Beef Mashed Potato/Gravy California blend Cookie	17 Lasagna Green Beans Breadstick Mandarin Oranges
20 Herb Roasted Chicken Bread Dressing/Gravy Peas/Carrots Applesauce	21 Spaghetti Green Beans Garlic Breadstick Mandarin Oranges	22 Baked ham Au Gratin Potatoes Carrots Cranberry Salad Pumpkin Bar	23 Happy Thanksgiving CLOSED 	24 CLOSED
27 Tator Tot Hotdish Jell-O Cookie	28 Pork Chop Baked Potato Baked Squash Mixed Fruit	29 Chicken Alfredo Breadstick Garden Salad Fruited Gelatin	30 Chili Corn Muffin Applesauce Gelatin Brownie	